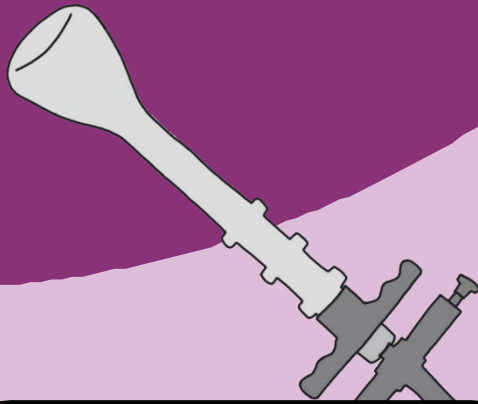




**Humber and North Yorkshire**  
Health and Care Partnership

# What is a Ventouse birth?

Information for patients



**Easy Read**



## easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

## birth

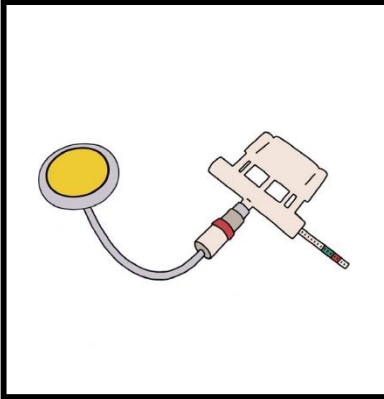


If your baby is struggling to be born vaginally your doctor will help.

## suction cup



They use a ventouse suction cup to help.



Ventouse is where a plastic cup is placed on the baby's head.



This will suction onto the baby's head.

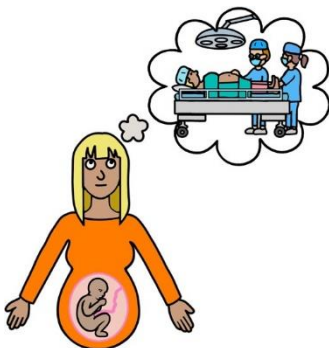


When you have your next contraction.

## doctors idea



## suction birth



Your doctor will tell you to push.

The ventouse will help pull the baby out.

If the Ventouse isn't working, you might need a caesarean.

## **suction bruise**

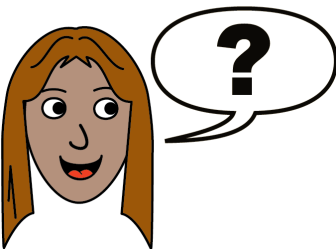


The ventouse suction cup may leave a bruise or swelling on baby's head after it is born.



This bruise or swelling usually goes in a few days.

## **ask questions**



If you are worried or have any questions speak to your doctor or midwife.

This leaflet has been developed by Leeds Teaching Hospitals  
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