

Name:	Name:
DOB:	DOB:
Hosp No:	Hosp No:
NHS No:	NHS No:
Or patient sticker here	Or baby's patient sticker here

# Preterm Baby Passport - Pasipoti ya Mtoto wa Awali

## **Humber and North Yorkshire**

### Place of Birth

### Mahali pa Kuzaliwa

(babies born early or small sometimes need to be born in a more specialist unit. (watoto wanaozaliwa mapema au wadogo wakati mwingine wanahitaji kuzaliwa katika kitengo cha wataalamu zaidi.

### Antenatal Steroids Steroids katika uiauzito

(for all babies born before 34 weeks) (kwa watoto wote waliozaliwa kabla ya wiki 34)



I am at the optimal hospital in case my baby(ies) needs to be born early.

I am aware that I might have to be moved to another hospital and if this isn't possible then my baby(ies) might need to be moved to another hospital after they're born. Niko katika hospitali ya hali ya juu endapo mtoto/mtoto wangu atahitaji kuzaliwa mapema.

Ninajua kwamba huenda nikahamishwa hadi hospitali nyingine na ikiwa hili haliwezekani basi mtoto/watoto wangu wanaweza kuhitaji kuhamishiwa hospitali nyingine baada ya kuzaliwa.

I have been given a full course of steroids to help prepare my baby(ies) for being born early. The need for a single repeat course has been considered if my baby(ies) was not born within 7 days of the full course of steroids. Nimepewa kozi kamili ya steroids kusaidia kuandaa mtoto(ies) wangu kwa kuzaliwa mapema. Haja ya kurudia kozi moja imezingatiwa ikiwa mtoto(wangu) hakuzaliwa ndani ya siku 7 za kozi kamili ya steroids. Time and Date discussed with neonatal team

Date ..... Time.....

Name of drug used .....

No1Date ..... Time.....

#### No2Date ..... Time

Repeat course considered? (*Please circle*) Yes / No / N/A If given, Date......Time.....

### Antenatal Magnesium Sulphate Sulphate ya Magnesiamu

#### ya Wajawazito

(for all babies born before 30 weeks and considered for babies born before 34 weeks) (kwa watoto wote waliozaliwa kabla ya wiki 30 na kuzingatiwa kwa watoto waliozaliwa kabla ya wiki 34)



I have been given Magnesium Sulphate to protect my baby(ies) brain. Nimepewa Magnesium Sulphate kulinda ubongo wa mtoto wangu.

#### Loading dose:

Date ..... Time.....

4 hour infusion in the 24 hours prior to birth given? Yes / No

This resource has been adapted from PERIPrem/BAPM (as appropriate). PERIPrem/BAPM cannot verify the translated version. PERIPrem was co-produced by Health Innovation West of England and Health Innovation South West, and the South West Neonatal Operational Delivery Network. Find out more at www.healthinnowest.net/periprem.



## Antibiotics

(for all babies born before 37 weeks where mum was in labour)

kwa watoto wote waliozaliwa kabla ya wiki 37 ambapo mama alikuwa katika leba)



I have been given antibiotics to reduce the chance of my baby(ies) developing an infection called Group B Strep.

antibiotics Nimepewa ili kupunguza uwezekano wa mtoto/mtoto wangu kupata maambukizi yanayoitwa Kundi B Strep.

Name of antibiotics

Last antibiotic dose

Date ..... Time

## Early Breast Milk Maziwa ya Mapema ya Matiti

(for all babies born before 37 weeks) (kwa watoto wote waliozaliwa kabla ya wiki 37)

## **Optimal Cord** Management Usimamizi Bora wa Kamba

(for all babies) (kwa watoto wote)

# **Thermal Care**

Utunzaji wa joto

(for all babies) (kwa watoto wote)

### Respiratory Management Usimamizi wa Kupumua

(for babies born before 34 weeks who may need it) (kwa watoto waliozaliwa kabla ya wiki 34 ambao wanaweza kuhitaji)

If my baby(ies) needs help with a breathing tube, the neonatal team will protect their lungs by using a special ventilator setting. Ikiwa mtoto(wangu) anahitaji usaidizi wa mirija ya kupumua, timu ya watoto wachanga italinda mapafu yao kwa kutumia mpangilio maalum wa kipumuaji.

Date ..... Time..... Help given to express within 2 hours of birth: Yes / No Expressed breast milk obtained Date ..... Time.....

Expressed breast milk given to baby

Date ..... Time.....

Duration of delayed cord clamping

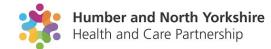
Time taken .....

Was VTV/VG ventilation used as initial mode of ventilation if ventilated in first 72 hours?

Yes / No / N/A

I have been given information about the Benefits of breast milk discussed? benefits of early breast milk and have been shown how to express to make this milk for my baby(ies) before or within an hour of birth. Nimepewa maelezo kuhusu manufaa ya maziwa ya mama mapema na nimeonyeshwa jinsi ya kukamua ili kutengeneza maziwa haya kwa ajili ya mtoto(wangu) kabla au ndani ya saa moja baada ya kuzaliwa. After my baby(ies) is born, the team will wait at least a minute before clamping the cord, to allow my baby to be born safely and get extra blood from the placenta. Baada ya mtoto/mtoto wangu kuzaliwa, timu itasubiri angalau dakika moja kabla ya kushika kamba, ili kuruhusu mtoto wangu azaliwe salama na kupata damu ya ziada kutoka kwa plasenta. After my baby(ies) is born, the team will try to keep their temperature normal and will help us Admission temperature to hold baby skin-to-skin as soon as it is safe. Baada ya mtoto(wangu) kuzaliwa, timu itajaribu kuweka halijoto yao kuwa ya kawaida na itatusaidia kushika ngozi ya mtoto hadi ngozi mara tu itakapokuwa salama.

This resource has been adapted from PERIPrem/BAPM (as appropriate). PERIPrem/BAPM cannot verify the translated version. PERIPrem was co-produced by Health Innovation West of England and Health Innovation South West, and the South West Neonatal Operational Delivery Network. Find out more at www.healthinnowest.net/periprem.



## Caffeine - Kafeini

for all babies born before 30 weeks and some babies born less than 34 weeks or who weigh less than 1500g)

kwa watoto wote waliozaliwa kabla ya wiki 30 na baadhi ya watoto waliozaliwa chini ya wiki 34 au wenye uzito chini ya 1500g)

### **Hydrocortisone**

(for babies born before 28 weeks) (kwa watoto waliozaliwa kabla ya wiki 28)



My baby(ies) has been given caffeine to protect their brain and help their breathing. Watoto wangu wamepewa kafeini ili kulinda Date Time ubongo wao na kusaidia kupumua.

My baby(ies) has been given hydrocortisone to help their lungs. Watoto wangu wamepewa haidrokotisoni kusaidia mapafu yao.

Date given

Time given.....

This resource has been adapted from PERIPrem/BAPM (as appropriate). PERIPrem/BAPM cannot verify the translated version. PERIPrem was co-produced by Health Innovation West of England and Health Innovation South West, and the South West Neonatal Operational Delivery Network. Find out more at <u>www.healthinnowest.net/periprem</u>.