

Transferred to Postnatal Community Care - CLINICAL COPY

Rabbit, Jessica (NHS: T:616343657 | Hospital Number: 343657)

13 Aug 91 (Age at Birth: 33) | 2 Test Rd, Toy Town, TY1 1YT

G1 P1+0 | Baby 1 DOB: 28 Nov 24 at 07:15 (38+6) | No. of Babies: 1 | Booking BMI: 27.92 | Current BMI: 27.92 | Blood Group: O+
| PN 6d | Current Care: PCC

Postnatal Key Details

Date/time gave birth 28 Nov 24 at 07:15
Baby 1 Outcome Livebirth
Baby 1 Birthweight 3500
Baby 1 Sex Male
Location of birth York District Hospital (Maternity)
Primary Language Spoken English
Interpreter/Communication Professional Required No
FGM None
Smoking Status No (04 Dec 24 at 10:21)

Circle of Care

Intended Location of Birth	(Not Recorded)	Lead Professional	York Consultant
Lead Professional's telephone	(Not Recorded)	Named Midwife	York Midwife
Named Consultant	York Consultant	Team	North East
Hospital Contacts	Maternity Unit Contact numbers can be found in the main menu of the app or website.	GP Address	(Not Recorded)
GP Practice Code	B1223		

Transfer of Care Details

Date of Discharge	04 Dec 24	Transferred By	Jo Holleran
How was Transfer done	Face to face	Discharged From	Postnatal Ward
Discharge Destination	Home (usual residence)	Telephone	903847659
Mobile Telephone	304567307	Baby 1 transferred with mother	Yes
Baby 1 Details	RABBIT, Baby (T:1232343456)		

Risk Assessment

Recorded: 04 Dec 24 at 09:51
Risk High

Current Postnatal 3rd/4th degree tear, PPH, Pre-eclampsia

Medical BMI 25-29.9

Anaesthetic Currently prescribed low molecular weight heparin

Labour and Birth Summary

Number of Babies	1	Date and Time of Birth	28 Nov 24 at 07:15
Gestation at Birth	38+6/40	Onset of Labour	Spontaneous
Final Type of Birth	Vaginal Birth	Baby 1 Mode of Birth	Normal, spontaneous vertex vaginal birth, occipito-anterior
Baby 1 Birth Assisted By	York Midwife1	Place of Birth	NHS hospital - Shared (Consultant/GP/Midwife)
Locations of Birth	York District Hospital (Maternity)	Date and Time Placenta Birthed	28 Nov 24 at 07:30
Placental Birth Method	Controlled Cord Traction	Placenta Complete	Apparently Complete
Placenta Appearance	Normal	Sent to Pathology	No
Cord Problems	None	Membranes Complete	Appears Complete
Episiotomy	No	Tear	3rd Degree Tear(3a) - Less than 50% of EAS thickness torn
Other Trauma to Vaginal Tract	Labial Graze	Perineum Repair Required	Yes
Wound Closure Material	Vicryl Rapide	Estimated Blood Loss (mls)	500
Analgesia/Anaesthetic	Spinal, Pethidine	1st stage problems	None
2nd stage problems	None	Post Birth Problems	None
Duration of first stage	12 hrs 10 mins	Duration of second stage	0 hrs 5 mins
Duration of third stage	0 hrs 15 mins	Third Stage Notes	3rd degree tear

Medical History

Any Medical Problems (Not Recorded)

Surgical History

No Relevant Information Recorded

Latest Postnatal Observations

Recorded: 28 Nov 24 at 08:28

Blood pressure	110/70	Temperature (°C)	37.0
Pulse (bpm)	80	Breasts	No problems
Nipples	No problems	Lochia Amount	Moderate
Lochia Description	Bright red	Uterus	Firm (Well Contracted)
Perineum	Sutured		

Contraception

04 Dec 24 at 10:14

Postnatal discussion	Yes	Postnatal	Undecided
Additional information given	No	contraception option	

Follow Up Appointments

Anaesthetic follow up required No

Additional Information

Additional Notes Discharged to care of community midwife and GP. Taking labetalol 100mg bd for pre-eclampsia diagnosed postnatally. For daily BP for 3 days and then alternate day up to day 10. If BP stable for review by GP 2 weeks postnatally and slowly reduce dose of labetalol dependant on BP.

Postnatal MMR required No

Does the CMW or HV need to make contact to discuss any causes of concern? No

Postnatal Management Plan

Recorded 04 Dec 24 at 09:52

Revised Management Plan

3rd/4th Degree Tear
Refer to physio prior to discharge for appointment around 6 weeks postnatal for pelvic health assessment.
Discuss perineal wound healing at each postnatal appointment.
Advise about the importance of good perineal hygiene
For follow-up appointment approx 12 weeks postnatally

Normal Birth
Assess pain and offer analgesia as required.
Bloods for Kleihauer if Rh D neg
MRSA swabs taken if baby is on SCBU.
Complete documentation and risk assessments.
Discuss postnatal period and abnormal symptoms.
Discuss pelvic floor exercises.
Discuss contraception
Offer opportunity to talk about birth experience and sign post for debrief if required.

Pre-Eclampsia
BP check 4 hourly
Commence Labetalol
GP to follow up and reduce labetalol as appropriate

Saved By Jo Holleran

Postnatal Diabetes Management Plan

No Relevant Information Recorded

Blood Tests and Results

No Relevant Information Recorded

Medication TTOs

TTOs Given	Yes		
Drugs Given	Labetalol	Recorded: 04 Dec 24 at 10:15	Dose
Clinical Notes	for review by GP 2 weeks postnatal and labetalol to be reduced in view of BP reading		100 milligram(s)

York District Hospital (Maternity)
Maternity
Wigginton Rd, Clifton, York, YO31 8HE.

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