

Maternity Careers Newsletter

HNY LMNS

January 2025



Welcome to the 1st Maternity Careers Newsletter for HNY LMNS

Lots of useful links and information to support you with your current and future career plans and aspirations.

LATEST OPPORTUNITIES

Applications for the 2025 Health Equity Fellowships are open until 24 January 2025!

Do you want to make a difference and tackle health inequalities in Humber and North Yorkshire?

This Programme aims to give Fellows the skills to improve population health and reduce health inequalities across the ICB.

Fellows are expected to dedicate one day a week of their time to attend training and work on a fellowship project.

For further details contact: [Health Equity Fellowship - Humber and North Yorkshire Health and Care Partnership](#)

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'It's not what you achieve, it's what you overcome. That's what defines your career' – Carlton Fisk

WHAT'S NEW FOR 2025?

Exciting NEW TALENT PROGRAMMES launching across Humber and North Yorkshire!!

HNY ICB are launching three new leadership development programmes in January 2025.

The Talent Programmes encourage colleagues from across HNY to discover their strengths, ambitions and prepare them for the next step of their career journey.

Programme 1: Leading from the middle

12-month programme

Aimed at those in a middle management role, who have had previous experience of management (3+ years) or have previously undertaken a management development programme

Programme 2: Senior system leaders

12-month programme

Aimed at those ready to step into an executive role (existing senior leaders)

Career management support

Programme 3: Advancing international talent

Specifically designed for internationally educated colleagues – people who have trained and worked in healthcare in another country and have since moved to Humber and North Yorkshire

Career management support addressing the barriers people may face.

If you are interested please speak to your Line Manager and complete the expression of interest form [expression of interest form](#) or email hnyicb-nel.talent@nhs.net for further information



DID YOU KNOW?

There are FREE **Coaching Sessions** for anyone working or volunteering in health and social care across Humber, North Yorkshire and West Yorkshire.

Coaching is confidential and has huge benefits - 80% of people who have been coached report increased self-confidence and over 70% said they benefitted from improved work performance.

The online coaches support inclusion, develop leadership, encourage career development and aid retention.

Please contact **hny.wellbeing@nhs.net** for further information or download the handbook **How to register as a coachee.**



COURSES/WEBINARS

Look out for the Nursing & Midwifery Career Development Workshop. Thursday 01 May 9:30 am - 11:30 am. FREE. Virtual

<https://ney.leadershipacademy.nhs.uk/event/nursing-midwifery-career-development-workshop-2/>

Free Online Course from the Kings Fund Leading With Compassion | Free Course | The King's Fund

An evidence-based, self-directed course to consider why kindness and compassion is important for improving outcomes, staff wellbeing and performance, and inclusive organisational cultures. 2 hours a week for 3 weeks.

Maternity Support Worker Development opportunity

The module aims to give Maternity Support Workers background knowledge and skills to develop in their role.

Find more info. here:

<https://www.hull.ac.uk/study/cpd/modules/maternity-support-worker-development>

SPOTLIGHT ON MATERNITY CAREERS

Name: Emily Cook



Job Title: LMNS Ask A Midwife - Hull, and Community Midwife

Qualifications:

Registered Midwife, Safeguarding Supervisor,
Student Practice Assessor

Career timeline:

I started my midwifery training in 2011, qualifying in 2014. Since then, I have worked primarily as a community midwife, with time working rotationally and within a Continuity of Care team. In addition to this I also did a secondment within the children's safeguarding team in 2019, developing my knowledge and confidence of multidisciplinary working with social care, and supporting colleagues with their safeguarding queries and concerns.

Most recently I have joined the LMNS as part of the Ask A Midwife project. This is a form of digital support for pregnant women and their families, answering non-urgent queries and signposting to relevant support and services.

We also disseminate public health information through social media posts and attend face to face promotional events such as the monthly HEYBABY Carousel event at Women and Children's Hospital in Hull. In October 2024, we were awarded a RCM Award for Outstanding Contribution to Maternity Services: Digital, and we are hoping to support in the expansion of the project in other areas.

Career highlights:

I enjoy being involved in the development of personalised maternity care. Being a mother of young children myself, I recognise the importance of feeling listened to when it comes to advocating for ourselves during what can be a vulnerable time in our lives. My hope is that within my job roles I can empower women to make informed choices and feel supported during their episode of maternity care.

Advice to others:

Prioritise yourself and your family life. In a job we feel so passionate about, it can be hard to maintain a work/life balance as we strive to give our best possible care. We cannot fill from an empty cup ❤️

SPOTLIGHT ON MATERNITY CAREERS

Name: Stephanie French



Job Title: LMNS Framework Mapping MSW

Job Role:

I am a band 3 Maternity Support Worker, currently undertaking a 6-month secondment with the LMNS where I am working on a scoping exercise across all trusts in Humber and North Yorkshire. By working with the retention/education/development midwives at each site, my role is to benchmark all Maternity Support Workers against the latest framework. I am collating information to get a picture of the whole of our workforce – to identify gaps and look at development possibilities and then report the research findings back to NHS England. I am passionate about what I do, and I am thoroughly enjoying all aspects of the role so far.

Qualifications:

8 GCSE'S (Grade A-C), BTEC National Diploma in Textiles and Clothing, Access to Higher Education Diploma in Healthcare (Level 3), Maternity Support Worker Development Module at Hull University (Level 4)

Career Timeline:

Most of my working experiences have been within the hospitality and healthcare sector. I began working in the maternity unit at York Hospital as an MSW in 2021. My shifts were on labour ward and the antenatal/postnatal ward too. In 2023 I took on a role in community as an MSW – I worked as part of the Northeast team of midwives in York for 18 months. In November 2024 I began the MSW secondment with the LMNS.

Career highlights:

Having the opportunity to undertake my current role is one of the best parts of my career in maternity so far. I'm very passionate about the role of a Maternity Support Worker. We have a lot of skills and knowledge, and I believe that with the right level of up-to-date training, support, and encouragement, we should all feel competent and fulfilled in our role whilst working as an extremely valuable part of the team. I love being an MSW champion!

Advice to others:

My advice if you are looking for a change, or when taking on any new challenge in life, would always be to believe in yourself and don't be afraid to step out of your comfort zone sometimes. If you want to develop at work, it's always worth exploring other opportunities!

The best way to predict the future is to create it.
– Abraham Lincoln

VOLUNTEERING OPPORTUNITIES



Volunteers Needed!

Could you help inspire the next generation?

Become an Inspiring the Future volunteer and make a difference to children and young people in your local community and beyond.

You can volunteer for as little as an hour a year!

[SIGN UP HERE!](#)

UPCOMING NEWSLETTER EDITION

SPOTLIGHT ON CAREERS DEVELOPMENT AND LOOK OUT FOR THE NEW MATERNITY CAREERS PLATFORM COMING SOON ON THE HNY LMNS WEBSITE!!

TO CONTRIBUTE TO FUTURE NEWSLETTERS PLEASE CONTACT R.HURLEY2@NHS.NET OR HNY.LMS@NHS.NET
